Rheological, mechanical and failure properties of biological soft tissues at high strains and rates of deformation

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Blood Vessel Aneurysms

- An aneurysm is a localized, blood-filled dilation (bulge) of a blood vessel caused by disease or weakening of the blood vessel wall.
- The bulge in a blood vessel can burst and lead to death at any time, much like a bulge in an over-inflated inner tube
 the larger an aneurysm, the more likely it is to burst.



Normal

Aneurysm





Blood Vessel Aneurysms

- A saccular aneurysm develops when fibers in the outer blood vessel layer separate allowing the pressure of the blood to force the two inner layers to balloon through.
- It is not clear exactly what causes aneurysms. Defects in some of the parts of the artery wall may be responsible. In certain cases, high blood pressure is thought to be a contributing factor. Some aneurysms are congenital (present at birth).



Treatments typically include catheterization and stent graft insertion



Anatomy of a Blood Vessel

- Tunica interna (Aka, tunica intima) the innermost layer
 - Contains endothelium (simple squamous epithelium)
 - Underlying layer of elastic connective tissue
 - Provides a friction-free surface for blood flow
- Tunica media the middle layer
 - Contains concentric layers of smooth muscle cells
 - Underlying band of elastic fibers
 - Layer responsible for vasoconstriction and vasodilation
 - This affects blood pressure and blood flow
- Tunica externa (Aka, tunica adventitia) the outermost layer
 - Composed mainly of collagen fibers interspersed with elastin fibers
 - Innervated, vascularized (vasa vasorum), and infiltrated lymphatic vessels
 - Protects and reinforces the vessel





Types of Arteries

- Elastic (conducting) arteries
 - Arteries near the heart; largest in diameter
 - Large lumens, therefore low-resistance
 - Contain more elastic fibers than any other vessel type, esp. in the tunica media
 - Enables the arteries to withstand and smooth out large pressure fluctuations
 - Expand and recoil passively to accommodate changes in blood volume continuous flow of blood
- Muscular (distributing) arteries
 - Deliver blood to specific body organs
 - Have the thickest tunica media of all vessels more smooth muscle, less elastic fibers
 - More active in vasoconstriction
 - Ex. Include: the external carotid arteries of the neck, brachial arteries of the arms, and femoral arteries of the thighs
- Arterioles
 - The smallest of the arteries
 - Contain all three tunics, but they have a poorly defined tunica externa and the tunica media is composed of a single sheet of smooth muscle cells
 - Blood flow into the capillary beds is determined by arteriole diameter



Mechanical Study of Biological Soft Tissues

- For reasons of practicality, it is not always feasible to characterize the mechanical properties of human soft tissues.
- Consequently, other mammalian biological soft tissues are studied as a human equivalency.
- Pigs possess many of the same anatomical features to that of humans, hence porcine soft tissues are often studied as a human equivalency.





Porcine vs. Human Circulatory System

- In pigs, the brachiocephalic artery splits into the right subclavian artery and the bicarotid trunk. The bicarotid trunk then splits into the right and left common carotid arteries.
- Humans do not have a bicarotid trunk; instead, the left common carotid artery branches from directly from the aorta, while only the right common carotid artery originates from the brachiocephalic artery.





Objective

Study the mechanical failure properties of a porcine artery specimen for insight into the mechanisms of aneurysm propagation and vessel rupture in human blood vessels.







Experimental: Material



Definition of Organ Function

Right Subclavian Artery: supplies blood to the right forelimb and to the right ventral chest wall



A right subclavian artery specimen approximately 60mm in length was excised from the freshly slaughtered carcass of an adult male pig.





Experimental: Material

Multiple thin cross-sectional hoop segments approximately 1.2mm in depth were sliced from a section of the right subclavian artery specimen using a multi-blade cutter assembly.





Experimental: Equipment – SER2

- Uniaxial extension

 experiments were
 performed on the arterial
 ring sections using a *new* SER2 Universal Testing
 Platform model SER2-P
 hosted on an Anton Paar
 MCR 501 host station.
- SER2's drums are detachable and can be configured with specific surface textures.
- The model SER2-P is capable of fluid immersion testing.







Experimental: Equipment – SER2



- Measurements were performed in a saline solution environment using a jacketed beaker and recirculation bath set to a temperature of 37°C.
- 420SS drums with a 180grit surface texture were utilized on the SER2-P.

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Subclavian Artery Section – 0.1s-1







Uniaxial Extension of Subclavian Artery Section







Subclavian Artery Section – 1s-1







Uniaxial Extension of Subclavian Artery Section







Subclavian Artery *tunica externa* layer – 0.1s⁻¹







Uniaxial Extension of Subclavian Artery Section







Subclavian Artery *tunica media+intima* layers – 0.1s⁻¹







Uniaxial Extension of Subclavian Artery Section



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Vessel Extension/Dilation Summary

Critical circumferential strain at rupture for:

- Vessel composite (*tunica externa + media + intima*): 74-76%
- Tunica externa: 20-28%
- ♦ Tunica media: 74-94%





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- van Andel, et. al, "Mechanical properties of porcine and human arteries: implications for coronary anastomotic connectors", *The Annals of Thoracic Surgery* (2003) 76:58-64:
 - "...the porcine arteries could be safely stretched by 60% to 70% compared with about 20% for the human arteries before reaching their maximum circumferential strain."







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Summary

- The mechanical behavior of a porcine subclavian artery sections were characterized in uniaxial extension in a saline solution environment at 37°C with the use of the new SER2 Universal Testing Platform
- Results revealed that during blood vessel wall extension, the blood vessel behaves like a composite solid-like assembly
 - the thinner *tunica externa* layer ruptured at 20-28% elongation
 - the thicker *tunica media* layer ruptured at 74-94% elongation
- Failure of the *tunica externa* shell layer during vessel dilation appears to result in the propagation of a blood vessel aneurysm
- Stress relaxation experiments revealed that the tunica media layer can exhibit premature rupture under an extended period of vessel dilation



